

①	星期一 Monday	星期二 Tuesday	星期三 Wednesday	星期四 Thursday	星期五 Friday	星期六 Saturday	星期日 Sunday
Breakfast 早餐	Steamed Chicken Bun, Pork Dumpling, Siu Mai, HI-CAL Low Fat Milk 雞包仔 · 粉果 · 燒賣 · 高鈣低脂奶	Macaroni with Minced Beef and Tomato in Soup, Boiled Egg, Juice, Fruit 茄醬牛肉通心粉 · 焗蛋 · 紙包果汁 · 生果	Daily Bread, Sausage, Baked Beans with Mushroom, Boiled Egg, Soya Milk 西式麵包 · 雞肉腸仔 · 蘑菇焗豆 · 焗蛋 豆奶	Egg Custard Bun, Pork Dumpling, Beef Siu Mai, HI-CAL Low Fat Milk, Fruit 奶皇包 · 粉果 · 干蒸牛肉 · 高鈣低脂奶 · 生果	Macaroni with Minced Beef and Tomato in Soup, Boiled Egg, Juice 茄醬牛肉通心粉 · 焗蛋 · 紙包果汁	Daily Bread, Sausage Pork Patties, Boiled Egg Soya Milk, Fresh Fruit 西式麵包 · 雞肉腸仔 · 漢堡扒 · 焗蛋 · 豆奶 · 生果	Fried Rice Noodles with Vegetables Fish Siu Mai, Oolong Tea 素菜炒米粉 · 魚肉燒賣 · 烏龍茶
Lunch 午餐	Satay Beef Fillet, Daily Vegetables, Soup of The Day, Steamed Rice, Drink 沙嗲牛肉白飯 · 是日時蔬 · 是日餐湯 · 白飯 · 紙包飲品	Black Sesame Oil Chicken Wing, Daily Vegetables, Soup of The Day, Steamed Rice, Drink 黑麻油雞翼 · 是日時蔬 · 是日餐湯 · 白飯 · 紙包飲品	Fish Fillet with Unagi Sauce, Daily Vegetables, Soup of The Day, Steamed Rice, Drink 鰻魚汁燒魚柳 · 是日時蔬 · 是日餐湯 · 白飯 · 紙包飲品	Taiwanese Minced Beef, Daily Vegetables, Soup of The Day, Steamed Rice, Drink 台式牛肉燥 · 是日時蔬 · 是日餐湯 · 白飯 · 紙包飲品	Thai Curry Chicken, Daily Vegetables, Soup of The Day, Steamed Rice, Drink 泰式咖喱雞 · 是日時蔬 · 是日餐湯 · 白飯 · 紙包飲品	Tomato Chicken, Daily Vegetables, Soup of The Day, Spaghetti, Drink 鮮茄雞肉 · 是日時蔬 · 是日餐湯 · 意大利粉 · 紙包飲品	Shigureni Fish Fillet, Daily Vegetables, Soup of The Day, Steamed Rice, Drink 日式魚柳 · 是日時蔬 · 是日餐湯 · 白飯 · 紙包飲品
Dinner 晚餐	Spicy Miso Sauce Fish Fillet, Daily Vegetables, Steamed Rice, Fruit, Drink 辣味噌魚柳 · 是日時蔬 · 白飯 · 生果 · 紙包飲品	Beef Curry with Potato, Daily Vegetables, Steamed Rice, Dessert, Drink 咖哩薯仔牛腩 · 是日時蔬 · 白飯 · 甜品 · 紙包飲品	Sliced Beef in Spicy Tomato Sauce, Daily Vegetables, Steamed Rice, Fruit, Drink 香辣茄醬牛肉 · 是日時蔬 · 白飯 · 生果 · 紙包飲品	Chicken with Mushroom Cream Sauce, Daily Vegetables, Spaghetti, Dessert, Drink 忌廉蘑菇雞皇 · 是日時蔬 · 意大利粉 · 甜品 · 紙包飲品	Herbs Beef Stew, Daily Vegetables, Steamed Rice, Fruit, Drink 香草燴牛肉 · 是日時蔬 · 白飯 · 生果 · 紙包飲品	Sweet Corn Fish fillet, Daily Vegetables, Steamed Rice, Dessert, Drink 粟米魚柳 · 是日時蔬 · 白飯 · 甜品 · 紙包飲品	Grilled Chicken Fillet with Onion Black Pepper Sauce, Daily Vegetables, Steamed Rice, Fruit, Drink 黑椒洋蔥煎雞扒 · 是日時蔬 · 白飯 · 生果 · 紙包飲品

*菜譜如有更改 · 恕不另行通知 This menu is subject to change without prior notice

*以上是七天的標準菜譜 The above is a typical seven days menu

*可按要求提供清真和素食菜譜 Halal and Vegetarian Menus are on offer upon request