

	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER
星期一 Monday	Kanda Poha (Rice with Onion and Spices) Daily Fruit Tea	Tadka Dal with Vegetable Indian Rice Tea	Tomato Pulao Vegetables Juice
星期二 Tuesday	Egg Bhurji (Scrambled Eggs with Spices) Slice Bread Daily Fruit Skim Milk	Paneer Curry Vegetable Indian Rice Coffee	Akki Masoor Vegetable Indian Rice Juice
星期三 Wednesday	Aloo Mutter Sabzi (Potato and Vegetable Curry) Paratha Daily Fruit Hi-Calcium Soya Milk	Vegetable Korma Indian Rice Tea	Egg Curry Vegetable Indian Rice Juice
星期四 Thursday	Chana Puri (Chicken Peas with Deep Fried Bread) Daily Fruit Chinese Tea	Vegetable Biryani Coffee	Akki Masoor Vegetable Indian Rice Juice
星期五 Friday	Upma (Rava with Cashews, onion and Spices) Daily Fruit Skim Milk	Egg Curry Vegetable Indian Rice Tea	Akki Masoor Vegetable Indian Rice Juice
星期六 Saturday	Vada Pav (Potato Sliders) Daily Fruit Hi-Calcium Soya Milk	Paneer Curry Vegetable Indian Rice Coffee	Tadka Dal with Vegetable Indian Rice Juice
星期日 Sunday	Gobi Paratha (Cauliflower Stuffed Flatbread) Daily Fruit Chinese Tea	Chana Masala Vegetable Indian Rice Tea	Vegetable Korma Indian Rice Juice

* 菜譜如有更改，恕不另行通知 This menu is subject to change without prior notice