

①	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER
星期一 Monday	豉油皇雜菜伴香菇粥 油條, 素菜餃子及椰汁饅頭 水果及飲品 Fried Noodles with Shredded Vegetables Mushroom Congee, Fried Dough Steamed Bun with Coconut Milk Fried Vegetables Dumpling Daily Fruit and Drinks	松茸燒豆腐配白飯 伴素肉四季豆, 蘿蔔漬物 素湯及飲品 Braised Beancurd with Matsutake and Rice String Beans with Vegan Meat and Turnip in Sweet Sake Vegan Soup and Drinks	竹筍上素配白飯 伴醬油烤麩, 胡麻淮山 水果 Braised Assorted Fungus with Bamboo Flute and Rice Soft Braised Bean Gluten Yam with Sesame Sauce Daily Fruit
星期二 Tuesday	麥皮, 車厘茄, 甜粟米, 焗豆 綠茶紅豆餐包 水果及飲品 Hot Porridge, Cherry Tomatoes Baked Beans, Sweet Corn Green Tea and Red Bean Bread Daily Fruit and Drinks	香草烤珍寶菇伴松露長通粉 烤南瓜, 甜椒及餐包 田園沙律及飲品 Mixed Herbs Roasted Portobello Mushroom Black Truffle Penne Roasted Pumpkin Assorted Bell Pepper and Bread Roll Seasonal Salad and Drinks	意大利黑醋烤椰菜花伴白飯 椰菜仔, 茄汁燴什菜 素菜春卷 水果 Balsamic-Glazed Cauliflower with Rice Braised Vegetable with Tomato Sauce Brussel Sprout Vegetable Spring Roll Daily Fruit
星期三 Wednesday	素菜通粉伴椰汁饅頭 素菜餃子, 薯餅及車厘茄 水果及飲品 Vegetables Macaroni, Steamed Bun with Coconut Milk, Hash Brown, Cherry Tomatoes, Vegetables Dumplings Daily Fruit and Drinks	畔水芹香配白飯 伴蠔皇炆香菇, 脆皮素鴨 素湯及飲品 Stir-fried Assorted Vegetables with Rice Stewed Mushroom in Oyster Sauce and Deep-fried Beancurd Sheet Roll Vegan Soup and Drinks	腰果素雞丁配白飯 伴香醋小雲耳, 欖菜四季豆 水果 Sauteed Vegan Chicken and Cashews Nut with Rice Fungus with Vinegar String Beans with Preserved Vegetables Daily Fruit
星期四 Thursday	粟米粥伴蒸腸粉 燕麥包及炒什菜 水果及飲品 Sweet Corn Congee, Crispy Chips Steam Rice Roll, Steamed Wheat Bun Sautéed Vegetables Daily Fruit and Drinks	烤南瓜扒伴白飯 炒野菌, 椰菜仔及車厘茄 田園沙律 飲品 Roasted Pumpkin Steak, Sautéed Mushroom, Brussel Sprout Cherry Tomato and Steamed Rice Seasonal Salad Drinks	植物肉丸伴蒜片欖油長管粉 炒什菜, 烤薯及中東包 水果 Impossible Meat Ball Tomato Sauce Rigatoni Aglio Olio, Sautéed Vegetables Roasted Potato and Pita Bread Daily Fruit
星期五 Friday	麥皮伴焗豆, 薯餅 車厘茄及餐包 水果及飲品 Hot Porridge, Baked Beans, Hash Brown Bread Roll, Cherry Tomato Daily Fruit and Drinks	芹香雪菜炒素帶子配白飯 松露炒什菌, 涼伴鮮腐竹 素湯及飲品 Stir-fried Preserved Vegetables with Vegan Scallops and Rice Fungus with Black Truffle Sauce Vegetarian Beancurd Sheet Vegan Soup and Drinks	糖醋魚塊配白飯 醬油茄子及蘿蔔漬物 水果 Sweet and Sour Vegan Fish with Rice Egg-plant with Soy Sauce Turnip with Japanese Style Daily Fruit
星期六 Saturday	番茄什菜通粉 椰汁饅頭 車厘茄, 甜粟米及素菜餃子 水果及飲品 Tomato Vegetables Macaroni, Steamed Bun with Coconut Milk, Sweet Corn, Cherry Tomato, Vegetables Dumplings Daily Fruit and Drinks	淡咖哩素魚配白飯 炒什菜, 燴甘筍, 素菜咖哩角 田園沙律 飲品 Fried Vegan Fish with Light Curry Fruit Sauce Steamed Rice, Seasonal Vegetables Fried Vegetables Samosa and Carrot Vichy Seasonal Salad Drinks	寶雲酥意瓜伴番茄長通粉 餐包, 烤粟米及素菜天婦羅 水果 Vegetarian Stuffed Zucchini Bread Roll and Tomato Penne, Sweet Corn Fried Veggies Tempura Daily Fruit
星期日 Sunday	蒸腸粉伴雜菜炒麵 燕麥包及炒什菜 水果及飲品 Steamed Rice Roll, Fried Noodles with Soy Sauce, Steamed Wheat Bun, Sautéed Vegetables, Preserved Turnips Daily Fruit and Drinks	咕嚕猴頭菇配白飯 香酥素芋角, 手拍小黃瓜 素湯及飲品 Sweet and Sour Mushrooms and Rice Deep-fried Vegetarian Taro Cucumber with Black Vinegar Vegan Soup and Drinks	漁香茄子炆豆腐配白飯 胡麻豆腐及脆皮素鴨 水果 Braised Eggplant and Beancurd with Salted Fish Sauce and Rice Beancurd with Sesame Sauce Deep-fried Beancurd Sheet Roll Daily Fruit

* 菜譜如有更改, 恕不另行通知 This menu is subject to change without prior notice