

	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER
星期一 Monday	肉絲烏冬, 南瓜粥, 燒賣 蘿蔔漬物及椰汁饅頭 水果及飲品 Udon with Shredded BBQ Pork, Pumpkin Congee, Preserved Turnips, Pork Siu Mai Steamed Bun with Coconut Milk Daily Fruit and Drinks	鳳梨咖哩雞球配白飯 四喜烤麩及梅醬煙鴨胸 例湯及飲品 Chicken Curry and Pineapple with Rice Soft Braised Bean Gluten Duck Breast with Plum Sauce Daily Soup and Drinks	紅酒燴牛肋肉配白飯 伴香草烤薯及燴甘筍 法邊豆, 田園沙律 甜品及飲品 Braised Beef Ribs with Red Wine Sauce with Herbs Roasted Potatoes, Vichy Carrot French Bean and Seasonal Salad Dessert and Drinks
星期二 Tuesday	豬肉腸, 焗蛋, 焗豆 粟米片及麵包 水果及飲品 Pork Sausage, Hard Boiled Egg Baked Beans, Corn Flakes, Soft Bread Daily Fruit and Drinks	蒜香忌廉汁煎鱸魚配白飯 薯蓉, 烤南瓜, 甜椒 田園沙律 餐湯及飲品 Pan-seared Seabass Fillet with Rice and Garlic Cream Sauce Mashed Potatoes, Roasted Pumpkin Assorted Bell Pepper and Seasonal Salad Daily Soup and Drinks	醬香回鍋肉配白飯 涼伴拍青瓜及陳醋小雲耳 甜品及飲品 Sauteed Pork in Beans Sauce with Rice Cucumber and Fungus with Vinegar Dessert and Drinks
星期三 Wednesday	火腿通粉伴菠蘿包 焗蛋, 雞肉腸及車厘茄 水果及飲品 Ham Macaroni, Pineapple Bun Hard Boiled Egg, Chicken Sausage Cherry Tomatoes Daily Fruit and Drinks	香蔥魚肚炆雞配白飯 麻香小雲耳及香醋牛肋肉 例湯及飲品 Braised Chicken and Fish Maw with Rice Fungus with Spices Beef Short Ribs with Vinegar Daily Soup and Drinks	香烤豬扒配蘋果醬伴白飯 新薯, 燴什菜及西蘭花 田園沙律 甜品及飲品 Roasted Pork Chop with Apple Gravy and Rice Butter New Potatoes, Ratatouille Almond Broccoli and Seasonal Salad Dessert and Drinks
星期四 Thursday	豬肉粥伴叉燒包 牛肉燒賣及珍珠雞 水果及飲品 Pork Congee with Crispy Chips BBQ Pork Bun Beef Siu Mai Sticky Rice Wrapped in Lotus Leaf Daily Fruit and Drinks	三文魚柳配白飯 餐包, 炒野菌及椰菜仔 田園沙律 餐湯及飲品 Pan-seared Salmon Fillet with Tomato Salsa with Bread Roll and Rice Sautéed Mushroom Brussel Sprout Seasonal Salad Daily Soup and Drinks	蘑菇甘筍燴牛肋肉配白飯 肉燥四季豆及陳醋小雲耳 甜品及飲品 Braised Beef Ribs with Mushroom and Rice String Beans with Minced Pork Fungus with Vinegar Dessert and Drinks
星期五 Friday	粟米片伴鬆餅 焗豆, 豬肉腸及薯餅 水果及飲品 Corn Flakes, Butter Muffin Baked Beans, Pork Sausage, Hash Brown Daily Fruit and Drinks	翠玉瓜炒蝦仁配白飯 蘿蔔漬物及咖哩魚旦 例湯及飲品 Stir-fried Shrimp with Zucchini and Rice Turnip in Sweet Sake Fish Ball in Curry Sauce Daily Soup and Drinks	香煎盲鱸魚配白飯 紫薯蓉, 炒什菜及香草番茄 田園沙律 甜品及飲品 Pan-seared Barramundi Fillet with Capers Purple Mashed Potatoes with Butter Sauce Sautéed Vegetables, Roasted Herbs Tomato Seasonal Salad Dessert and Drinks
星期六 Saturday	番茄雞肉通粉伴牛肉包 粟米, 焗蛋及燒賣 水果及飲品 Chicken Tomato Macaroni Beef Bun, Sweet Corn Hard Boiled Egg and Pork Siu Mai Daily Fruit and Drinks	番茄雞肉長通粉 餐包, 炒什菜及燴甘筍 田園沙律 餐湯及飲品 Roasted Chicken with Thyme Gravy Penne Tomato Sauce and Bread Roll Sautéed Vegetables Carrot Vichy Seasonal Salad Daily Soup and Drinks	翡翠醬爆鮮魷配白飯 四喜烤麩及燒汁牛腩粒 甜品及飲品 Sautéed Squid and Vegetable with Rice Soft Braised Bean Gluten Stir-fried Teriyaki Beef Dessert and Drinks
星期日 Sunday	蒸腸粉伴豉油皇炒麵 珍珠雞, 牛肉燒賣 蘿蔔漬物 水果及飲品 Steamed Rice Roll, Fried Noodles with Soy Sauce, Sticky Rice Wrapped in Lotus Leaf Beef Siu Mai, Preserved Turnips Daily Fruit and Drinks	蝦醬四季豆炒豬爽肉配白飯 貢菜鮑螺片及蠔皇炆香菇 例湯及飲品 Stir-fried Pork with Bean in Shrimp Paste with Rice Preserved Cabbage with Sliced Whelk Mushroom with Oyster Sauce Daily Soup and Drinks	烤煙鴨胸配白飯 薯蓉, 烤甜椒及翠瓜 田園沙律 甜品及飲品 Roasted Honey Glazed Smoked Duck Breast with Mashed Potatoes, Roasted Assorted Bell Pepper, Jade Marrow and Seasonal Salad Dessert and Drinks

* 菜譜如有更改, 恕不另行通知 This menu is subject to change without prior notice